



INTERNATIONAL TAEKWON-DO ITF TOURNAMENT

# BALTCUP'14

---

10-11 OF MAY, 2014, TALLINN, ESTONIA



## Tournament main conditions:

### ☀ Organizer

Estonian Taekwon-do Union

Kaera st. 21, 10318, Tallinn

Phone no. (+372) 58 08 10 44, fax: (+372) 6 08 00 27

[taekwondo@taekwondo.ee](mailto:taekwondo@taekwondo.ee), [www.tkd.ee](http://www.tkd.ee)



### ☀ Time and Venue

Time: 10-11 of May 2014

Place: «Lasnamäe» track and field sport complex  
(Punane str.45, Tallinn).



### ☀ Tournament rules

Competitions will be held among children, juniors, adults and veterans according to official ITF rules in the following disciplines:

- Individual pattern (children, cadets, juniors, adults, veterans);
- individual sparring (children, cadets, juniors, adults, veterans);
- individual special technique (children, cadets, juniors, adults);
- individual power breaking/test (juniors, adults, veterans).
- team sparring (children, cadets, juniors, adults, veterans);
- self-defense (children, cadets, juniors, adults, veterans).

**Age** of participants will be determined on the day of the competitions according to competitors passport. Black and color belt holders are allowed to enter the competitions. Every organization (federation, club) can delegate unlimited number of teams. Every team can represent unlimited number of competitors in each category.

**Equipment.** Only gloves with closed fingers, open palm red and blue colors, (8oz) and foot protectors of red and blue color are to be allowed in competitors equipment. The head guard is necessary to use in individual sparring for juniors cadets and children (provided by organizers, in case if needed).

**Team sparring** will be held for children, cadets, juniors, seniors and veterans (male, female). The team has to include 5 (five) competitors and one spare. Three (3) competitors and one spare should be included in team of veterans. Not more than 2 (two) competitors from one weight division could be in one children and cadets team. Children team sparring could consist of 9-13 years competitors. Color and black belts could be included in children, cadet, junior, senior or veteran team.

Competitions in **self-defense** will be held in male and female. Names of heroes and show program should be claimed during registration. Color and black belts could be included in teams. 6-13 years old children are allowed to take part in self defense team.

**Full insurance coverage for the event is responsibility of participants. Estonian Taekwon-Do Union is not responsible for any injury or loss for participants before, during or after the Tournament.**

### **Representative (VIP)**

The Organizing Committee will provide Hotel accommodation (9-11 of May, 2014) and catering for one (1) representative per organization (if delegation contains not less than 15 persons).

### **Umpires**

Each team must have at least one umpire, in case of more than 15 competitors are in team. The Organizing Committee will provide free accommodation and free catering for one (1) umpire from each team during tournament (9-11 of May 2014).

Organizing Committee will dismiss any Umpires who do not abide by the work schedules or guidelines and such Umpires will have to pay for the hotel accommodation and catering by themselves. Umpires must attend all the Umpire Meetings scheduled in the period of the event. The Umpire's dress code must be according to ITF rules.

### **Coaches**

Only one coach is allowed to enter the square during the match. He/she must wear only sport suit and gymnastic shoes. Coach must attend the Draw and Coaches Meetings.

### **Protest**

The representative of a team is only the person who can make an official protest. The protest should be given with the monetary mortgage – 50 € (euro). In case of satisfaction of the protest, the mortgage comes back. In case of deviation of the protest, the mortgage does not come back.

### **Opening ceremony**

For the Opening Ceremony, the participants can wear the ITF Dobok or the team apparels.

### **Awards for Participants:**

All prizewinners of competition in personal categories will get medals and diplomas. Winners will get cups. Team winning more medals than others, will get special cup – main cup of “BaltCup 2014”.

### **Entry fee**

Individual - 20 € (Euro)

Self-defence – 20€ (Euro)

Team sparring – 30 € (Euro)

Payment must be done in Euros at the registration.

### **Transport**

For teams who will arrive not by their own transport, Organizing Committee will provide transportation within city limits (sea port/rail station/ airport – hotel – sport hall)

## ☀ Accommodation

### «Dzingel» Hotel

The Dzingel Hotel is situated - 6 km from the Tallinn City centre in a quiet and green area. This hotel is an ideal place for both short and long stays because in addition to the rooms adapted to suit different tastes it also has a conference centre, restaurant, sauna, bar, medical rehabilitation centre, beauty parlour, guarded parking lot, the Internet corner and plenty of other facilities necessary for those who have come to Tallinn for work or for a holiday.



All prices below are written per 1 peson per 1 day:

<b>Room type</b>	<b>Price</b>
Single	35 euro
Double	25 euro
Triple	20 euro

<b>CHILDREN (6-8 years)</b>	
<u>Only color belts</u>	
<b>Patterns</b>	
8 – 6 gyp	Chon Ji - Won Hyo
5 – 3 gyp	Chon Ji - Toi Gye
<b>Sparring</b>	
Boys	-19кг, -22кг, -25кг, -28кг, -31кг, -34кг, -37кг, -40кг, -43кг, 43+кг
Girls	-19кг, -22кг, -25кг, -28кг, -31кг, -34кг, -37кг, -40кг, -43кг, 43+кг
<b>Team sparring</b>	
Мальчики	
Девочки	
<b>Special technique</b>	
Boys	Twimyo nopi apcha busigi
Girls	Twimyo nopi apcha busigi
<b>Self defense</b>	
Boys (20-40 сек)	
Girls (20-40 сек)	

<b>CHILDREN (9-10 years)</b>	
<u>Only color belts</u>	
<b>Patterns</b>	
8 – 6 gyp	Chon Ji - Won Hyo
5 – 3 gyp	Chon Ji - Toi Gye
<b>Sparring</b>	
Boys	-25кг, -28кг, -31кг, -34кг, -37кг, -40кг, -43кг, -46кг, 46+кг
Girls	-25кг, -28кг, -31кг, -34кг, -37кг, -40кг, -43кг, -46кг, 46+кг
<b>Team sparring</b>	
Boys	
Girls	
<b>Special technique</b>	
Boys	Twimyo nopi apcha busigi
Girls	Twimyo nopi apcha busigi
<b>Self defense</b>	
Boys (20-40 сек)	
Girls (20-40 сек)	

<b>CADETS (11-13 years)</b> Only color belts		<b>CADETS (11-13 years)</b> Only black belts	
<b>Patterns</b>		<b>Patterns</b>	
8 – 6 gyp	Chon Ji - Won Hyo	2 gyp - I dan	Chon Ji - GeBaek
5 – 3 gyp	Chon Ji - Toi Gye		
<b>Sparring</b>		<b>Sparring</b>	
Boys	35kg, 40kg, 45kg, 50kg, 55kg, 60kg, 65+kg	Boys	35kg, 40kg, 45kg, 50kg, 55kg, 60kg, 65+kg
Girls	30kg, 35kg, 40kg, 45kg, 50kg, 55kg, 55+kg	Girls	30kg, 35kg, 40kg, 45kg, 50kg, 55kg, 55+kg
<b>Team sparring</b>			
Boys			
Girls			
<b>Special technique</b>			
Boys		Twimyo nopi apcha busigi, Twimyo dollyo chagi	
Girls		Twimyo nopi apcha busigi, Twimyo dollyo chagi	
<b>Self defense</b>			
Boys (20-40 sek)			
Girls (20-40 sek)			

<b>JUNIORS (14-15 years)</b> Only color belts		<b>JUNIORS (14-15 years)</b> Only black belts	
<b>Patterns (14-17 years)</b>		<b>Patterns (14-17 years)</b>	
8 – 6 gyp	Chon Ji - Won Hyo	2 gyp - II dan	Chon Ji – Ju Che
5 – 3 gyp	Chon Ji - Toi Gye		
<b>Sparring</b>		<b>Sparring</b>	
Male	45kg, 51kg, 57kg, 63kg, 69kg, 75kg, 75+ kg	Male	45kg, 51kg, 57kg, 63kg, 69kg, 75kg, 75+ kg
Female	40kg, 46kg, 52kg, 58kg, 64kg, 70kg, 70+ kg	Female	40kg, 46kg, 52kg, 58kg, 64kg, 70kg, 70+ kg
<b>Team sparring</b>			
Male			
Female			

<b>JUNIORS (16-17 years)</b> Only color belts		<b>JUNIORS (16-17 years)</b> Only black belts	
<b>Patterns (14-17 years)</b>		<b>Patterns (14-17 years)</b>	
8 – 6 gyp	Chon Ji - Won Hyo	2 gyp - III dan	Chon Ji – Choi Yong
5 – 3 gyp	Chon Ji - ToiGye		
<b>Sparring</b>		<b>Sparring</b>	
Male	45kg, 51kg, 57kg, 63kg, 69kg, 75kg, 75+ kg	Male	45kg, 51kg, 57kg, 63kg, 69kg, 75kg, 75+ kg
Female	40kg, 46kg, 52kg, 58kg, 64kg, 70kg, 70+ kg	Female	40kg, 46kg, 52kg, 58kg, 64kg, 70kg, 70+ kg

<b>Team sparring</b>			
Male			
Female			
<b>Special technique (14-17 years)</b>		<b>Special technique (14-17 years)</b>	
Male	Twimyo nopi apcha busigi, Twimyo dollyo chagi	Male	Twimyo nopi apcha busigi, Twimyo dollyo chagi, Twimyo bandae dollyo chagi, Twimyo 360 yopca jirugi
Female	Twimyo nopi apcha busigi, Twimyo dollyo chagi	Female	Twimyo nopi apcha busigi, Twimyo dollyo chagi, Twimyo bandae dollyo chagi, Twimyo 360 yopca jirugi
<b>Self defense (14-17 years)</b>			
Male (40-60 sek.)			
Female (40-50 sek.)			
<b>Power breaking (14-17 years)</b>		<b>Power breaking (14-17 years)</b>	
Male	Sonkal taerigi Youpca jirugi	Male	Apjoomukjirugi Sonkaltaerigi Youpca jirugi Dollyo chagi Bande dollyo chagi
Female	Sonkal taerigi Youpca jirugi	Female	Sonkaltaerigi Youpca jirugi Appalgup Taerigi Dolmyochagi (180* YopChagi)

<b>ADULTS (18-34 years)</b> Only color belts		<b>ADULTS (18-34 years)</b> Only black belts	
<b>Patterns</b>		<b>Patterns</b>	
8 – 6 gyp	Chon Ji – GeBaek	I dan	Chon Ji - GeBaek
5 – 1 gyp	Chon Ji - Choong Moo	II dan	Chon Ji – JuChe
		III dan	Chon Ji – Choi Yong
		IV dan	Chon Ji – Moon Moo
<b>Sparring</b>		<b>Sparring</b>	
Male	50kg, 57kg, 64kg, 71kg, 78kg, 85kg, 85+ kg	Male	50kg, 57kg, 64kg, 71kg, 78kg, 85kg, 85+ kg
Female	45kg, 51kg, 57kg, 63kg, 69kg, 75kg, 75+ kg	Female	45kg, 51kg, 57kg, 63kg, 69kg, 75kg, 75+ kg
<b>Team sparring</b>			
Male			
Female			
<b>Special technique</b>		<b>Special technique</b>	
Male	Twimyo nopi apcha busigi, Twimyo dollyo chagi	Male	Twimyo nopi apcha busigi, Twimyo dollyo chagi, Twimyo bandae dollyo chagi, Twimyo

			360 yopca jirugi
Female	Twimyo nopi apcha busigi, Twimyo dollyo chagi	Female	Twimyo nopi apcha busigi, Twimyo dollyo chagi, Twimyo bandae dollyo chagi, Twimyo 360 yopca jirugi
<b>Self defense</b>			
Male (40-60 sek.)			
Female (30-50 sek.)			
<b>Power breaking</b>		<b>Power breaking</b>	
Male	Sonkaltaerigi Youpca jirugi	Male	Apjoomukjirugi Sonkaltaerigi Youpca jirugi Dollyo chagi Bande dollyo chagi
Female	Sonkaltaerigi Youpca jirugi	Female	Sonkaltaerigi Youpca jirugi Dollyo chagi Appalgup Taerigi Dolmyochagi (180* YopChagi)

<b><u>VETERANS (35+ years)</u></b>		<b><u>VETERANS (35+ years)</u></b>	
<b><u>Only color belts</u></b>		<b><u>Only black belts</u></b>	
8- 6 gyp	Chon Ji -Won Hyo	I dan	Chon Ji- GeBaek
5 - 1 gyp	Chon Ji - Joong Moo	II dan	Chon Ji - JuChe
		III dan	Chon Ji - Choi Yong
		IV dan	Chon Ji - Moon Moo
<b>Sparring</b>			
Male			
64 kg, 73 kg, 80 kg, 90 kg, 90+kg			
Female			
54kg, 61kg, 68kg, 75kg, 75+kg			
<b>Power breaking</b>		<b>Power breaking</b>	
Male	Sonkaltaerigi Youpca jirugi	Male	Sonkaltaerigi Youpca jirugi Dolmyochagi (180* YopChagi)
Female	Sonkaltaerigi Youpca jirugi	Female	Sonkaltaerigi Youpca jirugi
<b>Self defense</b>			
Male (30-50 sek.)			
Female (20-40 sek.)			
<b>Team sparring</b>			
Male			
Female			



 **Preliminary schedule (can be changed)\**

<b>9.05.2014</b>	<b>Friday</b>
09:00 – 18:00	Arrival and accommodation
10:00 – 19:00	Registration and weigh-in of participants (“Dzingel”)
20:00	Umpire meeting
21:00	Coaches meeting
<b>10.05.2014</b>	<b>Saturday</b>
07:00-08:00	Breakfast
09:00-19:00	Competitions between juniors, adults and veterans (sport hall «Lasnamae»)
20:30	Banquet for umpires and representatives
<b>11.05.2013</b>	<b>Sunday</b>
07:00 – 08:00	Breakfast
09:00-14:00	Competition among children and cadets (sport hall «Lasnamae»)
14:00	Opening ceremony
15:00 – 18:00	Competition among children and cadets (sport hall «Lasnamae»)
	Departure of delegations